

Better For Better

DO SOMETHING TODAY TO MAKE THE WORLD BETTER

Revision 1, April 2020

1. Turn off unused lights. A light on in an unused space is pure waste! Did you know: If you leave a 60 watt light on for 1 hour, it burns ~ 1 cubic inch of coal or equivalent in terms of power generation.
2. Share this campaign. The more people doing better, the bigger difference we can make. Influence is everything!
3. Cut down on your shower time. It takes a lot of energy to heat water for a hot shower. Did you know: A typical 10 minute shower will burn ~ 18 ounces of liquified natural gas or equivalent.
4. Unplug devices when not in use. Digital devices or things like phone chargers will still consume electricity.
5. Recycle more and less. Try to recycle everything you can. At the same time try to eliminate the need to do so. Recycling is very power intensive.
6. Cut down on water use where you can. It takes about 1.5 watt-hours per 1 gallon of water to be sourced, treated, and distributed to your home.
7. Try to eat locally produced foods. It takes energy to deliver the food, so the further it needs to go the more energy it takes.
8. Use re-usable shopping bags. Numerous estimates show 100 billion plastic bags are thrown away each year.
9. Work from home when you can.
10. Install a whole house fan. If you live in a climate that has hot summer days but cool nights, a whole house fan will save a lot of energy and money.
11. Use re-usable cups for beverages. Did you know: Recycling is not all that good as it's very power intensive.
12. Carpool when you can. Even 1 day a month can make a difference.
13. Pick up trash. Tip: Keep a small bag in your car and you can pick up a little trash while your out.
14. Compost your food scraps and lawn clippings.
15. Replace lightbulbs with energy efficient ones. They do initially cost more but in the long run will provide cost savings while making solid improvements in energy savings.
16. Make your house more energy efficient.
17. Maintain your vehicle for maximum efficiency. It's all about getting the most out of what you drive. Visit our full list page for some tips.
18. Maximize your refrigerators efficiency. Visit our full list page for some tips.
19. Use good driving habits. Small changes can go a long way. Visit our full list page for some tips.
20. Maximize the efficiency of your HVAC system.

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21. Reduce your junk mail. Just think, if we don't read it, isn't pollution being produced for nothing? Visit our junk mail page for 3 simple steps to reduce your junk mail.

22. Plant a Tree. They help reduce runoff and cut down on greenhouse gasses.

23. Help the coral reefs.

24. Use re-usable dry clean bags. This is especially good if you regularly dry clean your cloths.

25. Help the honey bee. Bees perform 80% of all pollination worldwide.

26. Hang dry your clothes when possible. A typical laundry load will consume ~ 14 ounces of liquified natural gas or equivalent.

27. Use re-usable ramekins.

28. Consider installing solar for your home. Most references state the environmental breakeven is ~ 2-3 years when compared with fossil fuels.

29. Organize a trash clean-up. It could be just a few friends or a large group.

30. Use re-usable water bottles. The world has a big plastic problem.

31. Avoid using trash bags for your green waste. If you have a green waste pickup, use reusable cans instead of bags.

32. Use re-usable coffee K-cups. If you use a single cub brewer, it takes only a little effort to wash re-usable cups.

33. Reduce the number of products you use that contain microbeads.

34. Share a homegrown plant or tree with someone. This is a low cost way to 'Do Something Nice for Someone Today' while you 'Do something today to make the world better'.

35. Go paperless when you can. Many of the bills we pay through the mail can be done online without receiving a paper bill.

36. Use your own bag or no bag at all for food to go. Typically a bag is used for only 5-10 minutes and then discarded into the trash.

37. Turn off your sprinkler timer when it rains. Watering lawns and plants during or after a rain is wasted energy. After a good rain, you can usually skip multiple watering cycles.

38. Wash your cloths on cold when you can. For every load you wash on cold, you'll save ~ 6.7 ounces of liquified natural gas or equivalent.

39. Use re-usable containers for packing lunches for you and your family. Just one container could save 200+ plastic bags from the landfill every year.

40. Use re-usable straws or none at all.

41. Collect rain water for watering plants.

42. Say no to the paper receipt. Many places now offer your receipt through email.

43. If your Passionate about an environmental topic, share its importance with others.

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